

# Genus Epidemicus of Covid 19

A study on Homoeopathic approach  
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## I Introduction

Homoeopathy has its own role to play in preventing epidemic diseases; so also in this unabated spread of Covid19.

Dr Manish Bhatia made an extensive study in this direction and came out with some positive results.

<https://www.doctorbhatia.com/treatment/coronavirus-covid-19-symptoms-homeopathic-remedies-for-treatment-and-prophylaxis/>

His analysis missed out some minor but finer aspects.

They are :

1. He included all the symptoms found in all those cases - even the trifle ones which are reactions of some individuals but not being part of the present epidemic.

2. The modality, i.e., the condition of aggravation and amelioration of the disease, is not taken into account; perhaps it was not available then.

Therefore, his study led to a number of forerunner remedies, including the ones arrived at in this study.

However, his efforts, prompted by his concern for the welfare of the Public are highly laudable.

This study of mine is based on the day-to-day account of Covid 19 patients, said to be a release of Singapore health authorities (video reproduced in section III of this study).

This video report has a number of valuable information required in the Homoeopathic view point. Hence this study was carried out and the findings are submitted for the scrutiny of the Health Keeping Authorities of this country and world-wide as well.

## II Role of Homoeopathy during an outbreak of Epidemic disease

### Question 1

In Homoeopathy, how is a remedy decided to be suitable for an epidemic disease?

### Answer

To select a suitable remedy for an epidemic disease, the collective symptoms observed in a number of patients are taken into account. This method was termed as Genus Epidemicus by Dr Samuel Hahnemann, the founder of Homoeopathy and this method is taught in Aphorism 101 and 102 of his Organon of Medicine.

Through this method, a few of the epidemic diseases which prevailed then and defied other methods of treatment, were cured.

### **Question 2**

Is it relevant for the latter day epidemic diseases, especially the present Covid 19 ?

### **Answer**

Yes, it is. Perhaps it is the only method to effectively tackle such diseases.

### **Question 3**

With this method of treatment, is it possible to prevent and cure an epidemic disease?

### **Answer**

As the whole picture of the disease is covered in different types of persons, with the suitable remedy selected according to this method,

- a) The disease is prevented
- b) The diseases is cured
- c) As the whole disease is aborted, a total cure is effected without any side effect.

### **Question 4**

So what is the remedy useful for this Covid 19?

### **Answer**

It is shown in the repertorization chart in part 4 of the study.

## **III Symptoms of Covid 19**

A day-to-day account of the disease as shown in the video presentation, is said to be from the list of symptoms released by Ministry of Health, Singapore government.

<https://www.youtube.com/watch?v=-nwvSjompO4>

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## IV Repertory chart and its analysis

The symptoms found in Covid 19 are converted into Repertory rubric. Three remedies appear prominently. Naturally, the one with the highest grade, i.e., Bryonia Alba is preferred. It is likely to be the most indicated remedy for almost all the patients affected with Covid 19 and also as a preventive one.

Remedy Name	Bry	Pbos	Calc		
<b>Totality</b>	22	20	10		
<b>Symptom Covered</b>	8	8	8		
X [C] [Chest]Inflammation:Lungs:Pleura pneumonia:	3	3	2		
X [C] [Chest]Inflammation:Lungs:Right:	3	2	1		
X [C] [Chest]Constriction, tension, tightness:	3	3	3		
X [C] [Cough]Dry:	3	3	3		
X [C] [Cough]Dry:Fever:During:	3	3	1		
X [C] [Throat]Pain:General:Swallowing:On:	2	2	2		
X [C] [Throat]Inflammation, sore throat:	2	2	2		
X [C] [Generalities]Motion:Agg.:	3	2	2		

## V How to use this indicated remedy?

The indicated remedy Bryonia Alba may be used in 200 potency. With the help of Homoeopathic doctors, this remedy can be distributed to the Public.

Dosage as shown below is recommended.

### 1. Preventive

Only one dose of this remedy is enough. If there is a need to repeat, it can be done so on the advice of a Homoeopathic doctor.

The dosage for different age groups is as follows :

Adults - 4 Pills

Children - 2 Pills

Infants - 1 Pill

### 2. Curative

For the patients who are tested positive for Covid 19, a different method of taking the remedy is advisable.

Put 15 pills of the said Remedy in 1 litre of normal drinking water.

Consume 50 ml of water once in an hour.

Shake the bottle 5 times every time, before consuming the water.

It is enough to do this, till the last drop of water is consumed.

Repetition of dosage should be on the advice of a Homoeo doctor.

## **VI An appeal to the Health Keeping Authorities**

As the Covid 19 is spreading out of proportion throughout the world and all the measures taken to contain it seem inadequate, any suggestion from any quarter should be scrutinized. No doubt, the measures taken and the available medical help keep the death rate low. Still, the spread of the disease remains unabated.

Under the circumstances, a harmless but most effective help offered by Homoeopathy should be examined on its merits. Therefore it is requested that the Government of India and the World Health Organisation, come forward to put to test, this form of Homoeopathic help as explained in this study. At least 25 cases of Covid 19 be put on this form of treatment and then the result be judged.