

covid-19\_thoughts of Prof. G. Vithoukias

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Date: Tuesday, 24 March 2020, 16:59 GMT+5:30



## INTERNATIONAL ACADEMY OF CLASSICAL HOMEOPATHY

Dear Homeopaths,

below you may find a text by Prof. Vithoukias about the "Advantage of Homeopathy" and his ideas concerning a trial for Homeopathy. Also you can find the answer of Prof. Vithoukias regarding the paper of Rajan Sankaran about Covid-19 (attachment) and his views about genus epidemicus.

### The advantage of Homeopathy

The advantage of Homeopathy lies in the fact that the diagnosis of the indicated remedy is based on the individual symptoms not in the pathology.

This pandemic is a great opportunity for homeopathy to show the advantage we have over other systems of medicine. Why?

Because conventional medicine has to wait until they have found the cause for the pathology before they can start treating a case.

On the contrary, in homeopathy we take in to consideration the **response of the organism to the causative factor (the totality of the symptoms) in order to start the treatment.**

Therefore the intervention can be immediate.

The totality of symptoms for each patient become the guiding signs for finding the indicated remedy.

Therefore a homeopath can prescribe a remedy with the first manifestation of symptoms and in this way, "preventing" the full development of the pathology (state of pneumonia).

This type of "preventing" has been misinterpreted by some homeopaths who think that we, homeopaths, also have remedies that will be acting like a "vaccine" !

This is a totally wrong perception, **homeopathy cannot provide "preventive" remedies** with the kind of effectiveness a vaccine may have.

If the right remedy is given in an organism under a minor stress, like when we get a common cold or a simple flu, the organism will reset instantly and will not develop into a bronchitis or pneumonia. In such a case, a dose of Aconitum or of Arsenicum will work in many cases of simple flu, especially Arsenicum, will act if the body feels very cold. This experience most probably prompted AYUSH to declare the use of Arsenicum. In a way we can say from experience that these two remedies are the genus epidemicus for common colds or simple flu virus, as they will prevent in many cases the further development of the flu going to the deeper parts of the respiratory track.

But for this Covid-19 things are different. This virus acts very strangely as it develops very slowly in the beginning and if it finds a weakened immune system, proceeds fast in destroying the lungs, by creating pulmonary fibrosis, a state that the patient has such dyspnea as if it is drowning in water.

That is why I have said that we must be careful in declaring a remedy, as genus epidemicus.

I have received several proposals so far from several homeopathic centres proposing a different remedy each time that ask to declare it as the genus epidemicus, but there is no substantiation for any of them, except for the proposal of AYUSH that, as I said, is based on past experience of many years but with simple viruses.

It is a pity that no one from the almost two thousands diploma holders of the IACH has received and treated any confirmed case, therefore the detailed information we need in homeopathy in order to make a differential diagnosis is missing.

For all the above reasons we should be reserved in giving out to the public information about the treatment of Covid-19 that is not substantiated. Each one of us we must continue to investigate and try to help our immediate environment.

Prof. George Vithoukias  
19.03.2020

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Homeopathy is an individualised system of therapy, therefore there is no possibility that one remedy to cure all cases of a specific pathology.

In the paper that was circulated it appears that all cases are cured by one remedy!!!

What actually has happened ?

It is well known that this coronavirus is self recovering in 97% of the cases, so any remedy or false remedy or a placebo will have the same success as the one described for these cases.

It must be noted also that the correct homeopathic remedy will give an effect much different than the one described in these cases : this effect is instant recovery not a dragging recovery, like the one described in these cases.

If we want to be serious about this matter, we should ask to do an epidemiological research in one of the hospitals in Europe where patients could be assigned at random to two different groups, one for conventional treatment and to the other group will be added the homeopathic

treatment, (treating each patient individually) and after treating a sample of at least 200 cases from each group to evaluate the results and to find out if the homeopathic group has a superior outcome in survival, general conditions etc. and to what degree.  
All other outcries for the superiority of homeopathy in this influenza epidemic is irresponsible and will accuse us for been opportunists.

The genus epidemicus that is mentioned cannot be spotted in all epidemics, even in cases when is possible to discern it does not mean that all cases will be affected with this specific remedy.

The genus epidemicus may be ascertained only after a practitioner has treated a sufficient number of cases and has evaluated the effect of his treatment, meaning to observe which remedies had acted really well. If he finds that a remedy prevails in successful cases to a great degree, then can say that this may be the genus epidemicus. Such cases today, developing similar symptoms is impossible to be found with the level of health of our contemporary societies.

I can foresee that if everyone was trying to find the genus epidemics, possibly everyone would find a different one !

What may happen for example, after treating let us say 5 cases and finding in two of them he has given the same remedy. He will proclaimed it as the genus epidemicus. One can imagine the total chaos and confusion that will ensue in such a case where everyone will propose a remedy.

The conclusion we must arrive is that a process of serious evaluation is needed before one can give instructions to the public, it is ridiculous for anyone to announce that he has found the genus epidemicus by his imagination.

Further than these remarks about the paper if one analyses the information, will find different remedies indicated, but as we said in the beginning, any remedy you may prescribe will appear to have some kind of effect on the patient.

But when the correct remedy is prescribed in influenza like cases, the positive effect is felt instantly.

But a word of warning is necessary : we cannot claim under these circumstances that it was the effect of the homeopathic remedy that cured the patient until we have the proof in an experiment the I described above.

Prof. George Vithoukas  
15.03.2020

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The reasons that I proposed the research to take place in Europe and not in India are the following:

1. The patients could be found immediately, as in Europe the patients are coming to hospitals by hundreds every day.
2. In Europe the methods of detecting the virus are perfected and fast.
3. For such a serious experiment that would evaluate for the first time a different therapeutic approach, the result would have been accepted much more easily if the trial would have taken place within the best medical facilities and under the best supervision that the world has available at this present time.
4. In any case the patients of the homeopathic group would have an extra privilege of support from homeopathy without depriving them from the conventional therapeutics and all the modern equipments and facilities of conventional medicine .

Prof. George Vithoukas  
18.03.2020

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